



insights

1955-2005: Celebrating 50 years of full practice rights for DOs in Illinois

www.ioms.org **FALL 2011**



As the old saying goes, "Time flies when you're having fun." Looking back over the first nine months as your IOMS president yields many good memories of camaraderie and accomplishment.

Students from CCOM accompanied IOMS Executive Director Elizabeth Harano and Dr. Glenn Nordehn on our chartered bus to the DO State Lobby Day at our state capitol in Springfield on March 30. Also in attendance were Deborah McClallen, DVM; Harald Lausen, DO; Laura Rosch, DO; Tony DeLorenzo, DO; Bob Good, DO; plus Brenda Good and Regina and Evan DeLorenzo. Our lobbyist, Betsy Mitchell, whose services we share with the IL-ACOF, briefed us on several crucial pieces of legislation. Guest speakers included Ms. Kate Gross, speaking on the Illinois Insurance Exchange and Ms. Allison Burnet with a current update from our colleagues at ISMS. Following a gourmet meal at the Sangamo Club we walked a few blocks to meet with each of our legislators to inform them of our concern for such issues as the lay midwifery bill (HB 2940) and the Medical Practice Act, which is up for review and renewal again this fall,

PRESIDENTIAL REPORT

GERALD W. McCLALLEN, DO, FACOEP, FACEP, PRESIDENT

and medical malpractice reform. The midwifery bill narrowly failed last year but my state legislator, Mike Bost, said that due to the economy and heavy lobbying by grassroots the bill will keep coming back. He wanted our input as to what we would like to see in the bill and what left out of it. The current bill may be viewed at www.ilga.gov. Those having suggestions for changes to the bill need to contact the IOMS so we can get proposed changes well thought-out and developed prior to our fall Lobby Day on October 26. A vote on this bill could surface during the Fall Veto session.

On May 27, I had the honor of representing the IOMS at the CCOM graduation. Several students and faculty active in the IOMS received awards that evening. I enjoyed a great meal, being seated at a front table with CCOM faculty, and helping pin the new graduates.

In July, the AOA House of Delegates met in Chicago where IOMS member Karen Nichols, DO, completed her term as President of the AOA. In addition, four IOMS members were named to House of Delegates Reference Committees: Drs. Kirstein, Lausen, Hubka, and I. I want to thank Past President Robert Good, DO for his assistance in securing these new

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26 Steps Into the Future – A Year of Presidential COM Visits

Karen J. Nichols, DO

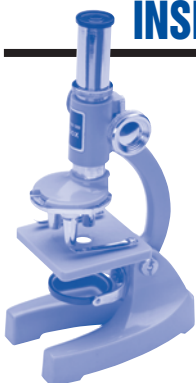
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Come get your picture taken with this student," instructed Clinton E. Adams, DO, dean of the Western University of Health Sciences College of Osteopathic Medicine of the Pacific (WesternU/COMP), during my recent visit to the school. A beautiful second-year osteopathic medical student, one of many I encountered in the past 12 months, comes over and we stand together for a photograph. "Here is the book she has written": *Bow Ties, Butterflies & Band-Aids* by Lindsey VanDyke. My thoughts immediately questioned, "Written ... so young?"

I read the book on the flight home from WesternU/COMP. It is an amazing story of a courageous young woman who has battled cancer three times and is finally fulfilling her long-held dream

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INSIDE a closer look...



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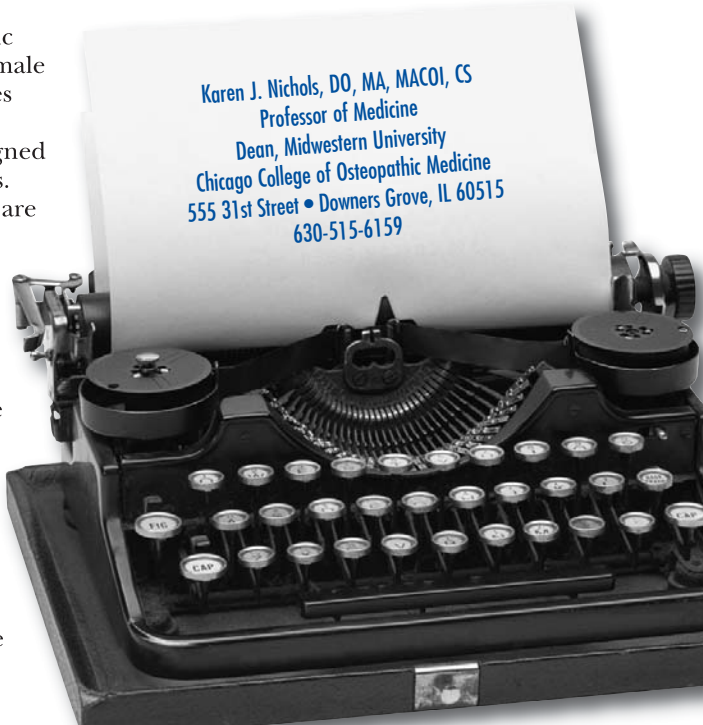
GREETINGS from the DEAN



Freshly sharpened pencils, blank pads of paper, new laptops; all the trappings of the new school year are upon us. Our new class of 2015 is duly oriented and has just completed the "early fall" session. We are proud to wel-

come 204 new osteopathic students who are 48% female and hale from many states with 57% calling Illinois home. Over 80% have signed up to be SOMA members. Thanks to all of you who are generous CCOM alumni, we were able to enhance the orientation experience by taking this class to visit the Body Worlds exhibit "The Cycle of Life" at the Museum of Science and Industry. It was a perfect opportunity to see amazing dissections presented in a variety of displays and poses setting the stage for the work ahead in the

anatomy lab. Speaking of the anatomy lab, we have a brand new one on the fifth floor of the new Science Hall. For those of you who have been to the Downers Grove campus, the old McNutt Athletic Hall has been demolished and this beautiful new building stands in its exact footprint. There is also a brand new OMM Skills lab, 24 research labs, and all the CCOM faculty are finally located in the same building. Those of you who attended the Clinical Refresher Course September 22-25 had the opportunity to see this state-of-the-art addition to our campus. See you there!



CCOM Students News

As Fall approaches, Chicago College of Osteopathic Medicine at Midwestern University (CCOM) welcomes many new members to its family. First, CCOM welcomes the Deans, Professors, and Inaugural Class of the College of Dental Medicine Illinois (CDMI). Second, CCOM welcomes the Class of 2015 to the campus. And lastly, CCOM welcomes all of the returning students, professors, and faculty to the campus.

The Class of 2015 has left "The Harbor" and experienced their White Coat Ceremony marking the beginning of their journey. The Class of 2014 is well

into its second year and is looking forward to the COMLEX and USMLE. The Class of 2013 is in the midst of their core rotations around Chicagoland. The Class of 2012 is focusing on audition rotations and preparing for the upcoming interview season and residency.

All in all, the students at Chicago College of Osteopathic Medicine are moving forward and preparing for the future.

Respectfully submitted,

**Maulin Shah, OMS-III, CCOM
Student Trustee**

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2010 - 2011

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Please Contact us at

142 E. Ontario Street
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E-mail: ioms@ioms.org
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Are you
ready?

WEEKLY TO-DO LIST

8: Version 5010
Deadline:
9: JAN 1st, 2012
10: ICD-10 Deadline:
11: OCT 1st, 2013

12:

13: **Prepare Now for the Version 5010
and ICD-10 Transitions**

14: **The change to Version 5010 standards takes effect on January 1, 2012.
The change to ICD-10 codes takes effect on October 1, 2013.**

15:

In preparation for ICD-10, starting January 1, 2012, all practice management
and other applicable software programs should feature the updated Version

16: **5010 HIPAA transaction standards. Providers will need to use ICD-10
diagnosis and inpatient procedure codes starting on October 1, 2013.**

17: **Make sure your claims continue to get paid.** Talk with your software vendor,
clearinghouse, or billing service NOW, and work together to make sure you'll
have what you need to be ready. A successful transition to Version 5010 and

18: **ICD-10 will be vital to transforming our nation's health care system.**

19: *Visit www.cms.gov/ICD10 to find out how
CMS can help prepare you for a smooth
transition to Version 5010 and ICD-10.*

CMS / **ICD-10**
CENTERS for MEDICARE & MEDICAID SERVICES

Official CMS Industry Resources for the ICD-10 Transition
www.cms.gov/ICD10



News You Can Use

Illinois Physician Professional Profile – Going Back Online Right Now

This notice appears on the website of the Illinois Department of Financial & Professional Regulation, which oversees the Medical Practice Act:

On August 9, 2011, Governor Quinn signed the Patients' Right to Know Act (P.A. 97-0280). This Act reinstates the Physician Profile program that makes available to the public a profile of every licensed physician and chiropractor on the Department's website.

*The Physician Profile program has been inactive since February 4, 2010, when the Illinois Supreme Court in *Lebron v. Gottlieb* invalidated legislation establishing limitations on noneconomic damages in medical malpractice actions. This legislation also included establishment of the Physician Profile. Due to the inseverability provisions of this legislation, the Supreme Court's action invalidated all provisions, including the Physician Profile program.*

Now that the Physician Profile program has been reauthorized, the Department has begun the process to reactivate the Physician Profile feature on its website. The Department will be updating the information on each physician in existing profiles as well as creating new profiles for those licensed since the Physician Profile program went inactive. In addition, Section 15 of the Patients' Right to Know Act requires that prior to the profiles being made available to the public, each physician must be given a copy of his or her profile and an opportunity within 60 days to correct any factual inaccuracies in the profile.

The Department expects this reactivation and review process to be completed sometime in mid-October 2011. At that time, the Physician Profile feature on the Department's website will once again be available to the public. Thank you.

Those of you in Illinois when this program was initially implemented will remember that the first version of the program ignored **all osteopathic boards**, only offering ABMS boards to be listed. IOMS **immediately** contacted the Department about this

egregious oversight. We were very pleased with how quickly the Department responded by adding in every osteopathic board along with an explanation for the public about board certification options.

IOMS will continue to monitor the new program to ensure continued even-handed treatment for DOs. If you see anything IOMS should know about as you update or review your information, don't hesitate to contact us at (312) 202-8174 or IOMS@IOMS.org.



2011 Clinical Assessment Program Bonuses

Have you signed up for the American Osteopathic Association's (AOA) 2011 Clinical Assessment Program (CAP) for Physician Quality Reporting System (PQRS) yet? This is your opportunity to participate in the Centers for Medicare and Medicaid Services' (CMS) 2011 incentive program and earn a bonus payment of 1% of allowable charges. To participate, simply visit the CAP for PQRS page on www.Osteopathic.org and register (AOA members save \$100 off the registration price). AOA encourages all physicians to not miss this opportunity to earn bonus payments plus gain valuable insight into the effectiveness of your standard of care.

Less than 80 Days Left Until Full 5010 Implementation – Important Information for Medicare Fee-For-Service Providers

You may be able to go Around the World in 80 days, but be sure your practice is ready for 5010 BEFORE you leave... AOA's Socioeconomic Affairs staff notes that while ICD-10 doesn't start until Oct 1, 2013, 5010, the highway that will **set up the**

infrastructure for ICD-10 starts Jan 1, 2012. Doctors need to check with their clearinghouse, EMR vendor and all other partners to make sure that they can submit their claims so that there won't be a delay in getting paid. In addition, if you have not begun testing your system, NOW is the time to do so. Note that some vendors are imposing a fee for the upgrade, and there may be additional software that has to be purchased to implement 5010 by the January 1st deadline.

The Centers for Medicare and Medicaid Services have provided numerous online resources for this endeavor compiled on their 5010-dedicated website at www.CMS.gov/Versions5010andD0.

5010/D.0 Implementation Calendar

Current Events

- Mon., Oct. 24 through Thu., Oct. 27 – WEDI 2011 Fall Conference

Upcoming Events

- Wed., Nov. 9 – CMS-hosted 5010 National Provider Call – HIPAA 5010 Status Update
- Wed., Dec. 7 – CMS-hosted 5010 National Provider Call – Question & Answer Session
- Sat., Dec. 31 – End of the transition year; beginning of 5010 production environment.

IOMS is proud to offer a special ICD-10 training session for your Office Staff during the 2011 Winter Scientific Seminar. The session will run from 3-5pm on Friday, December 2nd at the Westin Lombard Yorktown Center. Staff of IOMS members pay only \$50, and staff from non-members pay \$80. Open to all staff, but pre-registration is **STRONGLY** encouraged to ensure sufficient space and hand-outs. This event **WILL** sell-out. For more information, visit www.IOMS.org.

HHS Proposes Patient Access to Health Information

AOS Government Affairs staff reports that as part of a major effort to empower patients to be partners in their health care, the Department of Health and Human Services (HHS) has announced a proposed rule that would allow patients to

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News You Can Use

directly access their personal health information through use of health information technology (HIT).

The rule would allow patients to have direct access to their lab test reports. The rule would modify privacy provisions of the Clinical Laboratory Improvement Amendments of 1988 (CLIA) and the Health Insurance Portability and Accountability Act of 1996 (HIPAA). The rule amends current CLIA regulations to ensure labs covered by HIPAA provide lab test reports directly to patients or their personal representative upon request.

The proposed rule was issued by three HHS agencies — the Centers for Medicare and Medicaid Services (CMS), CDC (responsible for CLIA) and HHS Office of Civil Rights (responsible for the HIPAA privacy rule). The rule is also consistent with another proposed HIT regulation that would enable patients to access their health information stored in electronic health records (EHRs). HHS is seeking comment on the rule with comments due by November 14.

PUBLIC: Pharmaceutical Payments to Physicians aka “Dollars for Docs”

Now available to whoever is interested, this website allows searches for payments made by participating pharmaceutical and medical device companies to physicians. www.propublica.org/series/dollars-for-docs.

In related news, the Center for Medicare and Medicaid Services will soon require drug and device manufactures to disclose “transfers of value” to physicians on a quarterly basis. The reporting mechanism will be tied to the physician National Provider Identifier (NPI). Some companies may restrict physicians who have already received anything of value from attending new events during that reporting period.

Valuing and Selling a Medical Practice Article

New from the American Osteopathic Association Department of Socioeconomic Affairs is the article: “*Valuing and Selling a*

Medical Practice.” This online resource is divided into three sections:

- determining why buyers choose to buy
- learning how to value a medical practice
- strategies for successfully selling a practice



The article also features information on the top 10 mistakes that physicians make when selling their practice. For more information, AOA members may contact Sandra Peters, AOA Assistant Director of Clinical Practice Outreach at speters@osteopathic.org or 312-202-8088.

Upcoming Illinois Health Connect Events

- Tuesday, October 18, 12 noon: Breast Cancer Screening: Use of IHC Quality Tools for Bonus Measure Improvement www1.gotomeeting.com/register/530375017
- Wednesday, October 26, 12 noon: Lead Poisoning Prevention (registration information will be posted on the IHC website soon)
- Monday, October 31, 12 noon: Breast Cancer Screening: Use of IHC Quality Tools for Bonus Measure Improvement www1.gotomeeting.com/register/521365872

Interested parties can also visit the IHC website at www.illinoishealthconnect.com/providereducation.aspx or by contacting the IHC Help Desk. Any questions can be directed to the provider’s IHC Provider Service Representative or the IHC Help Desk.

Disability Insurance Policies – Does Yours Limit to ABMS Specialties?

Affiliates may want to caution their members to review disability insurance policies

carefully. AOA recently received information from a member who had purchased a disability policy from Berkshire Life Assurance Company/Guardian Life Assurance Company of America **that did not grant equal recognition to certification from ABMS and AOA specialty boards.**

While policyholders who are certified by ABMS boards were assured of disability compensation in line with the specialty certification, the insurance company declined to provide the same assurance to physicians who are certified by an AOA Board and, instead, would look for other documentation of specialty practice.

The AOA continues to press Berkshire/Guardian to change its position and give AOA board certification recognition as an equivalent to ABMS board certification.



AOA Bureaus, Councils, and Committees

For a complete list of the appointments by AOA President Martin S. Levine, DO to AOA Bureaus, Councils, and Committees, visit: www.osteopathic.org/inside-aoa/about/leadership/Pages/aoa-leadership.aspx. Several Illinoisans have again been appointed. If you are interested in getting more involved at the national level, contact the IOMS Delegation Chair, Teresa Hubka, DO or Co-Chair, Harald Lausen, DO at IOMS@IOMS.org.

DOs in the News

Seen on Chicago television (WTTW, Ch. 11; WBBM, Ch. 2) recently was **Dino P. Rumoro, DO**, FACEP, emergency physician and past president of the Illinois College of Emergency Physicians. The movie *Contagion* – filmed in Chicago – had just been released and Dr. Rumoro spoke about how well our region’s emergency medical infrastructure was prepared to handle bioterrorism.

The *Des Moines University Magazine* this summer reported that their alumnus **Ryan J. Tremb, DO**, of Plainfield, and his wife Laurie welcomed their first child, Mason Noah, on March 31st. Please join us in welcoming a new addition to the Illinois osteopathic family.

In early August, the American Osteopathic Association (AOA) Senior Staff held their annual retreat. This year, **Richard Feely, DO**, FAAO, IOMS President-Elect and Immediate Past

President of the American Academy of Osteopathy, served as guest speaker, discussing what AOA President Dr. Martine Levine’s theme of “thinking osteopathically” means to him, including the model mentor “mettle.”

Congratulations to IOMS past president **Thomas W. Kupferer, DO**, FACOFP, who was elected President of the Illinois Coroners & Medical Examiners Association.

In the August edition of *ACE Certified News*, an e-magazine targeted at personal trainers and fitness professionals, **Nicholas G. Parise, DO**, MS, Director of Osteopathic Medical Education at Swedish Covenant Hospital in Chicago, discussed what makes DOs the type of physician that personal trainers should know about to make effective client referrals.

During the AOA House of Delegates in July, an AOA news release about cyber-bullying, tying in with the resolution *Cyber-bullying Through Social Media*, was picked up by HealthDay, a health news wire syndicate, on 7/16/11. More than 100 media outlets picked up the article, including Yahoo! and MSN Health & Fitness. IOMS Treasurer and Delegate **Laura M. Rosch, DO**, CS, FACOI recorded an interview about the survey results and the resolution with Chicago CBS radio affiliate WBBM-AM.

Dr. Rosch also represented the IOMS at the signing of the mental health parity legislation by the Governor of Illinois (see related article, photo). The IL Psychiatric Society (IPS) led this successful effort, and IOMS supported this health care access legislation. Note that two officers of the IPS are DOs: **James MacKenzie, DO** is Treasurer and **Linda Gruenberg, DO** serves as Secretary.



Please join us in thanking our 2010 Winter Scientific Seminar Sponsors:

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AND SPECIAL THANKS TO OUR FACULTY WHO WAIVED HONORARIUM:

Terry Michael Brown, DO	Robert Kohn, DO	Jeffrey Postlewaite, DO
Isaac J. Kirstein, DO	Rizwan Moinuddin, DO	Stephen Sokalski, DO
	Kenneth E. Nelson, DO	

Please Welcome these New Members of the IOMS

Alan Abdulla, DO.....Willowbrook.....Postgrad	Syed Haq, DO.....Bartlett.....Postgrad	Anne Newbold, DO.....Chicago.....Postgrad
Krystyna Abdulla, DO.....Willowbrook.....Postgrad	Omar Hasnie, DO.....Chicago.....Postgrad	Michael Nuyles, DO.....Frankfort..Postgrad Fellow
Charles Abramson, DO.....Chicago.....Postgrad	Michelle Hicks, DO.....Chicago.....Postgrad	Johnathan Nzoma, DO.....Chicago.....Postgrad
Ugne Adikeviute, DO.....Darien.....Postgrad	Michael	Mikaela Oliver, DO.....Chicago.....Postgrad
Afshan Ahmed, DO.....Burr Ridge.....Postgrad	Hollandsworth, DO.....Flossmoor.....Postgrad	Megan O'Toole, DO.....Chicago.....Postgrad
James Alford, DO.....Chicago.....Postgrad	Michael Holmoe, DO.....Kildeer.....Postgrad	Dennis D. Palmer, DO, MS...Aledo.....Active
Mohammed Alo, DO.....Tinley Park	Harold Huss, DO.....Gurnee.....1st Yr/Pract	Edward Park, DO.....Bloomington..1st Yr/Pract
Postgrad Fellow	Sulman Hussain, DO.....Evanston.....Postgrad	Jonathan Parrack, DO.....Chicago.....Postgrad
Sinan Alo, DO.....Lombard.....Postgrad	Ryan Hutchinson, DO.....Chicago.....Postgrad	Ronna Parsa, DO.....Chicago.....Postgrad
Sushma Anand, DO.....Chicago.....Postgrad	Catherine Ippolito, DO.....Tinley Park.....Postgrad	Kayur Patel, DO.....Darien.....Postgrad
Deryk Anderson, DO.....Dyer, IN.....Postgrad	Melanie R. Jessen, DO.....Oak Park.....Active	Parthiv Patel, DO.....Orland Park.....Postgrad
Janine Andriusis, DO.....Oak Forest.....Postgrad	Hakeem Jibawi, DO.....Justice.....Postgrad	Johnathan Pettegrew, DO...LaGrange.....Postgrad
Alireza Anissipour, DO.....Chicago.....Postgrad	Cameron Jirschele, DO.....Chicago.....Postgrad	Joshua Pratt, DO.....Chicago.....Postgrad
Carl Atallah, DO.....Chicago.....Postgrad Fellow	Dana Davidson	Matthew Pugh, DO.....Chicago.....Postgrad Fellow
Mohammed Awad, DO.....Frankfort.....Postgrad	Johnson, DO.....O'Fallon.....Active	Michelle Quinn, DO.....Glen Ellyn.....Postgrad
Toral Bhakta, DO.....Chicago.....Postgrad	Margaret Johnson, DO.....Oak Park.....Postgrad	Maleka P. Rahman, DO.....Chicago.....1st Yr/Pract
Hamik Biramian, DO.....Grayslake.....Postgrad	Patrick Johnston, DO.....Chicago.....Postgrad	Justin Rapoff, DO.....Elmhurst.....Postgrad
Andrea Boedecker, DO.....Chicago.....Postgrad	Julie Jones, DO.....Hammond, IN.....Postgrad	Yameen Rashid, DO.....Chicago.....Postgrad
Michael Borbely, DO.....Blue Island.....Postgrad	Sallee Jones, DO.....Forest Park.....Postgrad	Laura Redig, DO.....Richton Park.....Postgrad
John R. Born, DO.....St. Charles.....Active	Dina Kacick, DO.....Chicago.....Postgrad	Grant M. Reed.....Oakbrook Terrace .Student
Jerrel H. Boyer, DO.....Chicago.....Active	Brian Keehn, DO.....Crown Point, IN..Postgrad	Reshma Relwani, DO.....Naperville.....Postgrad
Kelly Bray, DO.....Chicago.....Postgrad	Matthew Keeler, DO.....Brookfield.....Postgrad	Candice Reyes, DO.....Burr Ridge.....Postgrad
Thomas Brozek, DO.....Tinley Park.....Postgrad	Elham KellerShabrokh, DO..Darien.....Postgrad	Rondalea Rhoades, DO.....Chicago.....Postgrad
Dina Bruce, DO.....Chicago.....Postgrad	Amy Keurentjes, DO.....Orland Park.....Postgrad	Dejan Rikert, DO.....Wheaton.....2nd Yr/Pract
Cynthia Buono, DO.....Chicago.....Postgrad	Zahid Khalid, DO.....Highland Pk.....Postgrad	Jeremy Rothfeld, DO.....Chicago.....Postgrad
Ashley Caeeel, DO.....Chicago.....Postgrad	Faizan Khan, DO.....Olympia Fields...Postgrad	JoAnne Rousseau, DO.....Chicago.....Postgrad
Janel Carello, DO.....Justice.....Postgrad	Farhoud Khosravi, DO.....Chicago.....Postgrad Fellow	Aldo C. Ruffolo, DO.....Charleston..Full Dues Mbr
Clara L. Carls, DO.....Burr Ridge.....Active	Donald Kim, DO.....Chicago.....Postgrad	KellyTychter, DO.....Chicago.....Postgrad Fellow
Tonya Carr, DO.....Chicago.....Postgrad	Bryan King, DO.....Chicago.....Postgrad	Isami Sakai, DO.....Chicago.....Postgrad
Cynthia Chaparro-	Jonathon Kirkland, DO.....Bourbonnais.....Postgrad	Ted Samawi, DO.....Chicago.....Postgrad
Krueger, DO.....Chicago.....Postgrad	Kevin Klean, DO.....Joliet.....Postgrad	Shane Santek, DO.....Naperville.....Postgrad
George E. Charuk, DO.....Oak Lawn.....Active	Robin Klein, DO.....Chicago.....Postgrad	Nina Santos, DO.....Chicago.....Postgrad
Ryan Chellin, DO.....Palatine.....Postgrad	Gary L. Knepp, DO.....Peoria.....Active	Phillip Schafer, DO.....Joliet.....Postgrad
Michael Clark, DO.....Orland Park.....Postgrad	Joshua Knowles, DO.....Orland Park.....Postgrad	Victoria Schlanser, Do.....Matteson.....Postgrad
Brian Coombe, DO.....Chicago.....Postgrad	Justin Koenig, DO.....Chicago.....Postgrad	Julie Schriefer, DO.....Chicago.....Postgrad
Aspen Copeland, DO.....Clarendon Hills..Postgrad	Marc Kolpon, DO.....Chicago.....Postgrad	Brittany Seroy, DO.....Chicago.....Postgrad
Meghan Cox-Pedota, DO.....Addison.....Postgrad	Andrew Konicek, DO.....Chicago.....Postgrad	Shazia Shadani, DO.....Chicago.....Postgrad Fellow
Alexander Craft, DO.....Chicago.....Postgrad	Theodore Kostiuk, DO.....Chicago.....Postgrad	Radha Shah, DO.....Oak Brook.....Postgrad
Rachelle	Michael Kowal, DO.....Glenview.....Postgrad	Rickin Shah, DO.....Bartlett.....Postgrad
Cruz-Centeno, DO.....Chicago.....Postgrad	Maria Kronlage, DO.....Chicago.....Postgrad	Mohammad Shakir, DO.....Chicago.....Postgrad
Neha Dave, DO.....Naperville.....Postgrad	Laura Kucinski, DO.....Mokena.....Postgrad	Thomas Shaknovsky, DO.....Chicago.....Postgrad
Ashley DeBarba, DO.....Chicago.....Postgrad	Kerri Kulovitz, DO.....Orland Park.....Postgrad	Monica Sharma, DO.....Chicago.....Postgrad Fellow
Daniel DeFeo, DO.....Chicago.....Postgrad	Julia Lange, DO.....Chicago.....Postgrad	Christy Short, DO.....Glen Ellyn.....Postgrad
Amado del Rosario, DO.....Chicago.....Postgrad	Anthony S. Leazzo, DO.....Aurora.....Active	Elizabeth Shrader, DO.....Orland Park.....Active
Nicholas Dirig, DO.....Palos Hgts.....Postgrad	Jeremy Lee, DO.....Chicago.....Postgrad	James Siegert, DO.....Chicago Hgts.....Postgrad
Irene Dmitruk, DO.....Chicago.....Postgrad	Noah Lee, DO.....Joliet.....Postgrad	Diana Silverman, DO.....Chicago.....Postgrad
Steven Dugan, DO.....Lansing.....Postgrad	John Leever, DO.....Orland Park.....Postgrad	Shani Smith, DO.....Chicago.....Postgrad
Aaron Earles, DO.....Tinley Park	Fred Lepore, DO.....Orland Park.....Postgrad	Zachary Smith, DO.....Evanston.....Postgrad
Postgrad Fellow	Charles Lieder, DO.....Chicago.....Postgrad	Young Song, DO.....Niles.....Postgrad
Christopher Ebersole, DO...Justice.....Postgrad	Parkson Lin, DO.....Chicago.....Postgrad	Jessica Sulkowski, DO.....Orland Park.....Postgrad
Daniel Falco, DO.....Chicago.....Postgrad	Nicholas Loafman, DO.....Chicago.....Postgrad	James Sutherland, DO.....Chicago.....Postgrad
Michele Finkle, DO.....Chicago.....Postgrad	Jeffrey Lowe, DO.....Munster, IN.....Postgrad	Mahmooda Syed, DO.....Lombard.....Postgrad
James Joseph Flaig, DO.....Effingham.....Active	Steven Mahon, DO.....Oak Lawn.....Postgrad	Jahangir Tai, DO.....Morton Grove.....Postgrad
Robert Garretto, DO.....Chicago.....Postgrad	Hanh Mai, DO.....Chicago.....Postgrad	Eugene Tarasov, DO.....Chicago.....Postgrad
Masood Ghouse, DO.....Orland Park	Javed Malik, DO.....Oak Lawn.....Postgrad	Tovah Thomasino, DO.....Chicago.....Postgrad
Postgrad Fellow	Tiffany Mateen, DO.....Chicago.....Postgrad	Joseph Tortorich, DO.....Chicago.....Postgrad
Daniel Gilbert, DO.....Hinsdale.....Postgrad	Nicholas Mazur, DO.....Chicago.....Postgrad	Crystal Tuncay, DO.....Chicago.....Postgrad
Anne Garces.....Swansea.....Student	James McAdoo, DO.....Rockford.....Active	Sarah Vertrees, DO.....Chicago.....Postgrad
John W. Graneto, DO.....Chicago.....Active	Randall K. McGivney, DO...Berwyn.....Active	Nicholas Wakim, DO.....Burr Ridge.....Postgrad
Andre Graves, DO.....Orland Park.....Postgrad	Megan McGrew, DO.....Chicago.....Postgrad	Alan Wan, DO.....Chicago.....Postgrad Fellow
Lisa Gray, DO.....Chicago.....Postgrad	Sana Meah, DO.....Glen Ellyn.....Postgrad	John Whitehead, DO.....Chicago.....Postgrad
Katie Gualandri, DO.....Woodridge.....Postgrad	Douglas Miller, DO.....Chicago.....Postgrad	Adam Whitsitt, DO.....Lisle.....Postgrad
Samuel Guirguis, DO.....Bolingbrook.....Postgrad	Michael Miller, DO.....Palos Park.....Postgrad	Amber Widenski, DO.....Chicago.....Postgrad
Barbara Guzman, DO.....Chicago.....Postgrad	Tamira Miranowski, DO.....Olympia Fields...Postgrad	Amelia Wiggins, DO.....Chicago.....Postgrad
Mary Habib, DO.....Chicago.....Postgrad	Ryan Misek, DO.....Chicago.....Postgrad	Donna C. Williams, DO.....Country Club Hills
John-Joseph Hall, DO.....Tinley Park.....Postgrad	Tamanna Mithani, DO.....Glen View.....Postgrad	Full Dues Member
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Erin Happ, DO.....Oak Forest.....Postgrad	Manan Naik, DO.....Aurora.....Postgrad	Mikhail Zhukalin, DO.....Flossmoor.....Postgrad

UPDATE ON 2010 STRATEGIC PLAN IOMS



Much progress has been made on the IOMS Strategic Plan, formulated in the summer of 2010. There are five areas of concentration in the plan, including Advocacy, Education, Communications, Membership, and Fiscal Health. Achievements are as follows:

The Illinois Osteopathic Medical Society is YOUR state **advocacy** group. We can communicate with members by email, mail or phone to get your input and keep you informed of news that is pertinent to your practice and patients' access to health care. We retain, along with the Illinois ACOFP Chapter, a dedicated lobbyist in Springfield to make us aware of legislation affecting the practice of osteopathic medicine and patient access to care. We hold an annual Lobby Day in Springfield to meet our legislators and introduce students and practicing physicians to the political process in Springfield. We are in the process of building a portfolio of qualified IOMS members who are willing to serve on state boards, committees, commissions, etc. so that the viewpoint of the IOMS will be a part of the discussion in these forums. *Would you have an interest in representing the IOMS in such an arena?* If not, we would appreciate you sending us a recommendation of a colleague who might want to serve. Let us know who you would recommend and we will follow up.

IOMS provides at least 50 hours of high quality category 1-A CME yearly within Illinois (last year it was actually 61 hours of osteopathic continuing medical education). This includes our CME in the City held at the AOA building in the Spring; our downstate meeting at Fairview Heights in August; and our Winter

Scientific Seminar in west suburban Lombard the first week of December. We want to get the word out to increase registrants and attendees both locally and in bordering states, so if you have tried our CME and liked it, tell your colleagues! If there was something you didn't like, let us know how we can improve. We have expanded CME to physician assistants, nurses and administrative office staff, as well.

Our website is being revised! Megan Renhan, Program Manager for Marketing and **Communications** of the AOA, has met with the ad hoc website

zation advancing osteopathic medicine in the State of Illinois. We introduce the value of membership in the IOMS by free memberships to CCOM students, and reduced fees to postgraduates and practicing physicians in their first three years of practice. We also commit to having a representative at key CCOM student events and by welcoming students and postgraduates on each of our standing committees. In addition, we have both a student and a postgraduate on our Board of Trustees. IOMS has completed a data analysis to determine the potential number of IOMS members in Illinois. We communicate the advantages to becoming an IOMS member in our annual Report Card to Members (watch for your copy with the annual dues invoice in the mail now or view on our www.IOMS.org website).

Of course, **fiscal health** is at the core of this and all successful organizations. To be there for the long run it is crucial to develop and stick with an annual budget within our means that maximizes our core functions. Having done this, we have applied for and achieved "compliant status" with the AOA Healthy and Viable Affiliate

Organizations program. Know that your hard-earned dues dollars are being carefully applied for bringing affordable, quality CME; having a daily presence in Springfield while you are caring for patients; and a professional staff to manage the day-to-day operations of our organization. Only by being fiscally healthy can we truthfully say, "We've got your back."

Respectfully Submitted,

Gerald W. McClallen, DO, FACOEP, FACEP
IOMS President

committee and is creating a new look to be presented to the committee. We would be pleased to receive any comments or suggestions for content additions. Email Dr. McClallen or Elizabeth Harano at IOMS@IOMS.org with your comments. Our goal is for the IOMS to communicate effectively with all parties impacting the practice of osteopathic medicine in the state of Illinois.

IOMS is the premier **membership** organi-



IOMS Mission Statement

The purpose of the Illinois Osteopathic Medical Society is to protect, advocate, maintain and support the philosophy of osteopathic medicine for the benefit of the profession and the patients it serves.

Presidential Report *(Continued from page one.)*

appointments. Teresa Hubka, DO, again served as our Delegation Chair, together with Co-Chair Harald Lausen, DO.

On September 30, I flew to Chicago to attend the MWU-CCOM White Coat Ceremony, held at the Donald E. Stephens Convention Center in Rosemont.

As mentioned above, we have scheduled a second Lobby Day in Springfield on October 26. Consider being a part of this new fall event. Encourage DO students, post grads, and colleagues to take a day to meet with their legislators. Betsy Mitchell and her staff will be there to help us meet with our State Representatives and Senators and provide a current update of what's happening at the capitol. We also plan to have a Virtual Lobby week following the veto session in mid-November. Our goal is to encourage all Illinois DOs to schedule a personal visit with their local legislators. Call their office now so that you may stop by for an informal personal meeting when they are home on recess. At this visit you can briefly explain what a DO is, encourage the Medical Practice Act to be extended for ten years, and lastly, offer to

be a resource for medical concerns or questions when needed to the legislator and their staff. If you have a colleague who feels comfortable with this type of visit, then go together. We want to hear from all who are able to participate, including what you discussed and the response. Further information may be obtained by calling or emailing the IOMS office for Betsy Mitchell, Richard Feely DO, or me. If we choose not to engage and be recognized and heard by our legislators then our fate will be decided by others without our input.

Our spring CME in the City was a huge success with the timely topic of Obesity. In addition, the downstate CME on Women's Health in August in Fairview Heights was also well attended. Our registrants have consistently commented how they appreciate the focused weekend conferences at a reasonable cost.

Think now about seeking donors for the silent auction and additional exhibitors for the annual Winter Scientific Seminar to be held in Lombard on December 1-4, 2011. Make plans to be there! Encourage your DO colleagues! Osteopathic physicians

attending these three meetings can obtain all their annual required credit without leaving Illinois.

Have you been keeping up with the Republican debates? My son has been recording the debates so I can watch them on my schedule. Now is the time to be deciding in which party and for whom to cast a ballot on March 20, 2012. If you are not registered to vote, February 20 is the deadline to be registered in order to take part in the spring primary.

Remember the quote of Edmund Burke, "No one could make a greater mistake than he who did nothing because he could do only a little." Thank you for being a part of the IOMS and the work you do to protect our osteopathic heritage, patient safety and access to care. If each of us will invite just one colleague to join the IOMS, study up on a critical issue and discuss it in person with our elected representatives, and network with our fellow DOs at our CME meetings, we will grow in strength and influence during these exciting times in which we live. Thank you for letting me be a part of it.

TREASURER and Membership Report



Mental Health Parity – Governor's Bill Signing Ceremony on August 18, 2011. IOMS was represented by Dr. Rosch.

I love being a member of IOMS. I love being a DO and I am glad that I can pay some things forward to a great community that has given me, and my family, so much.

One of the great perks besides getting to know wonderful physicians from

across the state is that we get to know our political leaders and educate them about issues important to DO physicians and our patients. I had the distinct honor of meeting Governor Pat Quinn in Arlington

Heights at a health care legislation bill signing. IOMS was invited to attend as one of supporting organizations. I got to meet key legislators, made some connections with other healthcare organizations (Illinois Autistic Society) and reduced some of my fears about being political. My seven year old daughter Valarie came with me, and the Governor even shook her hand. It is never too young to begin to advocate for the DO family of Illinois!

Despite the current economic status, your state society is holding its own financially due to the knowledge and support from our current administrative staff, Angela Wilkins and Elizabeth Harano, as well as Dr. Richard Feely from our board. Our membership numbers, while down slightly in some areas, seem to be stable for now. As Chair of the Membership committee, I thank you so much for your support. I encourage you, if you are able, to become involved as a member of one or even two committees. It is a great experience and

you can learn so many things you didn't even uncover during medical school and residency. You may even meet the Governor!

Last, I would like to make the move into the electronic realm for some of the fundraising activities. Our winter conference traditionally has items on site for auction. We will continue this venue. In addition, our committee is working hard on developing an on-line auction as well. This is so that all members of the Illinois Osteopathic Society can participate in our fundraising efforts. If you would like to be involved, please feel free to contact me at laurarosch@yahoo.com. Thanks so much for your support!

Respectfully submitted,

Laura Rosch, DO, CS, FACOI
IOMS Treasurer and Chair, Membership Committee

Report of the Executive Director

At the IOMS headquarters, we field telephone calls every day.

Some of these calls are from pre-med students interested in shadowing a DO as part of the medical school application process. (IOMS refers them to the AOA's iLearn.org mentoring site if you are interested in volunteering.) Many calls come from prospective patients who are seeking an osteopathic physician in their area, and they want to talk about how they feel, how they heard about osteopathic medicine, and their questions about our profession. We are glad to take the time to help each caller.

Also, at this time of year, we get a lot of calls from DOs who are trying to decide whether or not to renew their membership. All of us are affected by the economy these days, especially with so many patients choosing to put off physician visits as a way to save money. One call in particular stays in my mind, and I wanted to share it with you.

The physician who called after receiving his \$435 dues renewal invoice is not in primary care. As a surgical specialist, he does not receive much, if any, of his continuing medical education through IOMS, so the very significant registration discounts for members was not of much value to him. I assured him I understood about that. I mentioned that while we do get a lot of non-primary care specialists attending our CMEs because of the quality education, convenient location and timing, clearly his specialty college CME

already meets those needs for him.

However, I told him about how IOMS offers something that his specialty college does not. We are the only organization that maintains a dedicated osteopathic lobbyist in our State Capitol to watch out for DOs and our patients.

As you know, over the past century IOMS has worked long and hard with Illinois elected officials to ensure fair treatment of osteopathic physicians by our State Government. It was nearly sixty years ago that DOs won the right, by legislation and litigation, to practice medicine in all its branches here in Illinois. Many of our DOs who remember what it was like before that have retired or moved on to a more eternal practice. It is up to our generation to make sure that their hard-won gains for the profession are not eroded.

One way we do that is by maintaining the strength of our presence in Springfield. Having a DO voice at the legislature, to the regulatory agencies, and with the Governor's office keeps alive both the distinctiveness of osteopathic practices and principles and the par of osteopathic medical education and training. I shared with my caller one instance of how the IOMS keeping an eye out for DOs affected every DO licensed in the State.

In Fall 2007, the IL Department of Financial and Professional Regulations launched the IL Physician Profile website. It provided public information about every IL licensed physician. DOs and MDs were

all asked to go online to provide certain information that was mandatory (e.g., mal-practice lawsuits/outcomes) along with additional information that could optionally be included by the physician. These Profiles included specialty board's certification. Unfortunately, when the state put the website together including "drop down" boxes of specialty boards the physicians could select from, they completely forgot ALL OSTEOPATHIC BOARDS! Because IOMS "has your back" in Springfield, I was proud to share with our member, within two days of IOMS contacting the Department, that website was corrected. Not only was it corrected to allow DOs to list their osteopathic boards, the cover explanation for the public was rewritten to explain the ABMS/AOA board systems for the public who would use this website. Because these Profiles are coming back online this month (see the FYI: News You Can Use column for details), this message is just as pertinent today.

IOMS was the only organization in Illinois to have noticed – and immediately worked to fix – this online physician profile situation. The Department's quick and comprehensive response is reflective, too, of the value of having a Capitol presence for DOs. I was ready with more examples of how IOMS' work at the State Capitol is so important to support, but right then our caller said: "Okay, I'll renew."

Respectfully Submitted,

Elizabeth Forkins Harano
Executive Director

Improving Our Skills with Evidence-Based Medicine

Winter CME ONLINE Registration Now Available for IOMS Members



Join IOMS and DOs from across the country at our Winter Scientific Seminar, December 1-4, 2011 at the Westin Lombard Yorktown Center. Register by November 3rd to save \$50. Plus, IOMS members automatically save \$350. IOMS Members may register for the Winter CME and renew their dues for 2011-12 online at www.IOMS.org. All you will need is your AOA number and a Visa or MasterCard.

By the way, here's what some attendees said about the 2010 Winter Scientific Seminar:

- "Presenters appeared prepared – motivated – engaging. Great program this year – thanks!"
- "This is my favorite conference now that I've been here twice... I am paying completely out of my own pocket to come here and I did this because of the high quality of speakers, relevance of topics, and location."
- "Excellent conference – I'll be back."

What CME Do You Need?

Your advice really does make a difference. The volunteer members of the IOMS Education Committee now develop at least 50 hours of Category 1-A CME in three programs each year – in spring with CCOM in The City (Chicago); in summer with ACOFP-Illinois in the Metro East area; and the 30-hour Winter Scientific Seminar in Lombard. Please reply by December 31st by fax to: (312) 202-8224 or e-mail: IOMS@IOMS.org. Thank you for your time.

Your City, State	Specialty

How many hours of Category 1-A CME did you earn in the past 12 months? _____

How many total hours of CME did you earn in the past 12 months? _____

What is the optimum length of a CME program?

- One day
 One & one-half days
 Two-three days
 Four or more days

What THREE factors are important to you when deciding on a CME program? (Please rank)

- Content _____ CME Sponsor _____ Location _____ Close to home _____
 Faculty _____ Price _____ Need for CME _____ Far from home _____

What are the three most significant clinical problems you are experiencing now? _____

What subject matter would help guarantee you to come to an IOMS CME? _____

What topic areas would you like to see covered in a CME conference? (check all that apply)

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Allergy & Asthma | <input type="checkbox"/> Geriatrics | <input type="checkbox"/> Orthopedic Surgery | <input type="checkbox"/> Urology |
| <input type="checkbox"/> Cardiology | <input type="checkbox"/> Hematology/Oncology | <input type="checkbox"/> Pediatrics | <input type="checkbox"/> Others (please specify) |
| <input type="checkbox"/> Dermatology | <input type="checkbox"/> Internal Medicine | <input type="checkbox"/> Psychiatry | _____ |
| <input type="checkbox"/> Emergency Medicine | <input type="checkbox"/> Manipulative Medicine | <input type="checkbox"/> Pulmonology | _____ |
| <input type="checkbox"/> Family Practice | <input type="checkbox"/> Neurology | <input type="checkbox"/> Radiology | _____ |
| <input type="checkbox"/> Gastroenterology | <input type="checkbox"/> Ob/Gyn | <input type="checkbox"/> Rheumatology | _____ |
| <input type="checkbox"/> General Surgery | <input type="checkbox"/> Ophthalmology | <input type="checkbox"/> Sports Medicine | _____ |

What other locations might you prefer for an IOMS CME program? (check all that apply)

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Downtown Chicago | <input type="checkbox"/> Other Suburbs (specify) _____ | <input type="checkbox"/> Lake Shelbyville | <input type="checkbox"/> Springfield |
| <input type="checkbox"/> New Buffalo, MI | _____ | <input type="checkbox"/> Lake Geneva, WI | <input type="checkbox"/> Quad Cities |
| <input type="checkbox"/> Cruise Ship (to where?) _____ | <input type="checkbox"/> Champaign/Urbana | <input type="checkbox"/> Downtown St. Louis | <input type="checkbox"/> Others (please specify) |
| _____ | <input type="checkbox"/> Galena | <input type="checkbox"/> Hawaii or Virgin Islands | _____ |
| | | <input type="checkbox"/> Peoria/Bloomington | _____ |

Are you a CME lecturer willing to speak at an IOMS CME? If yes, on what topics? _____

If yes, your contact information: _____

What other information would be useful to IOMS in analyzing your CME needs? _____



Legislative Report from our State Capitol Lobbyist

Legislative Redistricting and How it Affects YOU in Illinois

Every ten years, following completion of the census, new political boundary lines of the 50 state Senate and 118 state House districts in Illinois are re-drawn to meet requirements for population equality and voting rights protections. Drawing new district map lines is a highly political process. The party in control at the time of re-drawing seeks to extend its majority and weaken the minority.

When this process began in 2010, the Democrats were in control so they had the main input into how this map was drawn. After the new map was drawn it was voted on by the Illinois General Assembly and signed into law by the Governor on June 3, 2011. Legal opinions of the Democratically drawn map are being developed. The November 2012 elections will be under the new map.

Campaigning in the new districts began officially after Labor Day 2011.

For legislators, redistricting is a time for them to decide if they want to run again. Some believe that if they run again in 2012 it really means they are agreeing to work to hold onto to their seat for another 10 years helping their party keep that seat and the majority. For legislators in the minority party, the chances are good that they have been mapped into a district of a fellow party member. This means they will face a tough primary battle against a good friend.

Major issues of concern to physicians in Illinois include:

- Extension of the Medical Practice Act (which expires November 30, 2011)
- Concern over the recent 30% reduction for Workers' Compensation patients
- Scope of Practice issues (i.e. physical therapists, NPs, lay midwives)

Nearly every month, at least one current legislator is either retiring early or announcing plans to not run for re-election in 2012. Senator Dave Koehler (D, Peoria) plans to run for Congress. Senators Larry Bomke (R, Springfield) and Susan Garrett (D, Lake Forest) have

both announced they will not run for re-election. Representatives Lisa Dugan (D, Bradley), David Winters (R, Rockford) and Franco Coladipietro (R, Bloomington) have also announced that they will not run again.

During the summer, Rep. Dan Reitz (D, Steeleville) resigned and was replaced by Congressman Jerry Costello's son, Jerry Costello, Jr. Before the map was made public others resigned earlier in this year: Senators Rickey Hendon (D, Chicago), Brad Burzynski (R, DeKalb), Dale Risinger (R, Peoria), Lou Viverito (D, Chicago) and Gary Dahl (R, Peru). Most recently, Rep. Ron Stephens (R-Greenville) resigned at the end of the summer. Replacements are finishing the remainder of these terms and many may decide to run in 2012.

Now is the time for YOU to get to know your legislators. Clearly, there will be many new faces in 2012. Plan now during the campaign season to be one of the first to meet and get to know the candidate. Most importantly, talk to your legislator about Osteopathic profession. When legislators do not hear from you, they think that everything is going well for your profession.

Betsy D. Mitchell, MPA, IOMS Lobbyist
Betsy D. Mitchell & Associates

The View from District 4



It is likely that the Illinois health care system will have further challenges in the coming year. The State of Illinois has a major deficit, patients are experiencing loss of insurance benefits, there has been no tort reform in Illinois, federal legislation has increased the expectations of performance, and it is possible that Medicare may not renew the SGR with the resultant 20% reduction. At the same time patients and hospitals are expecting more from their physicians.

While this all seems like the sky is falling, now is the time to look at alternatives to providing care. The Patient Centered Medical Home may be difficult to fully implement, but concepts are still viable means to provider lower cost and higher quality care. This involves using team members to the fullest extent of license to stay focused on chronic disease management. This is a proactive method with the physician as the team leader, increasing the capacity to provide care.

The use of shared medical appointments to care for people with diabetes has been shown to improve quality and patient satisfaction. These appointments may care for seven to nine patients at one time and can increase compensation for physicians.

RN's can access established patients who can be seen on protocols and managed by physicians. This allows physicians to focus on higher acuity patients who need physician care. Again, all providers working to the extent of their license has been shown to improve staff satisfaction and your patient's access to care in a timely fashion.

The IOMS is here to assist its members adapt to the coming changes. Contact us if we can be of assistance.

Respectfully submitted,

Robert G Good, DO, FACOI
Past President, Trustee – District 4

26 Steps Into the Future – A Year of Presidential COM Visits (Continued from page 1)

of being a physician. Not just any physician – an osteopathic physician. Lindsey’s story, so well told, speaks of remarkable challenges that might have stopped a lesser person or at least redirected her onto a less demanding road. Yet instead, the struggles she has conquered have given her a clear picture of the importance of “going for the gold” and not settling for less.

To me, Lindsey’s story sounds like the history of the osteopathic medical profession and its struggles to bring a new approach to medicine: to “go for the gold” in health. I say health and not healthcare because our patients don’t want health-care; they want health.

Thus, I bring us to the point of this essay. During my year as president of the American Osteopathic Association (AOA), I visited all 26 of our colleges of osteopathic medicine (COMs) in 32 locations. Throughout my travels, I sought to learn how we – our COMs – teach the delivery of health, the similarities and differences in how we teach it, and whether different venues, ages of the COMs, and relationships make a difference in how we teach and how students learn. After a year of studying those questions and reflecting on my visits, here is what I have learned.

Colleges of Osteopathic Medicine, Through and Through

The development of our schools is segmented. There are the five legacy schools, which were established between 1892 and 1916. The first burst of expansion started in 1969 and ended in 1990; it was followed by the second burst, which occurred from 1992 through 2001. We have now moved from “burst” to “geyser.” With 26 schools in 32 locations and several more in development, our profession is national in scope. While most of our earlier schools were free-standing, the trend has moved toward more affiliations with larger institutions. Tax status has also entered the mix of the different variables seen in our COMs. The accreditation of the modern era’s first-ever for-profit medical school, which is osteopathic, brought attention to that school. However, I found that regardless of a COM’s tax status, osteopathic medical students exhibit the same pride in the profession and dedication to the tenets of Andrew Taylor Still, MD, DO.

Facilities at COMs vary greatly. From a converted department store in downtown Harlem, New York, with a police-ordered 3-foot-wide main entrance or a revitalized military base with buildings dating back to the Civil War, to brand-new buildings

“*During my year as president of the American Osteopathic Association, I visited all 26 of our colleges of osteopathic medicine in 32 locations. Throughout my travels, I sought to learn how we – our COMs – teach the delivery of health, the similarities and differences in how we teach it, and whether different venues, ages of the COMs, and relationships make a difference in how we teach and how students learn.*”

standing alone in the grass or integrated into large university campuses, our schools do not look very much alike on the outside. On the inside, though, there is a great deal of similarity, with classrooms, libraries (some with actual books!), osteopathic manipulative treatment laboratories, and clinics. Inside our COM walls, we actually do look very much alike.

Faith-based connections for our COMs represent another evolution of our schools. We have COMs located in institutions of higher education that represent Baptist, Jewish, and Roman Catholic reli-

gious beliefs. There is a wonderful concordance between the faith-based emphasis on the sacred nature of the human being and the same emphasis osteopathic medicine places on the body’s ability to heal itself. The religious back-grounds are clear (e.g., the blowing of the shofar at Touro University California, College of Osteopathic Medicine’s white coat ceremony), but all COMs are open and welcoming to students of all backgrounds. While this concordance reinforces our tradition of being a patient-focused profession, it has also introduced challenges in ensuring nondiscrimination for all students, a requirement for accreditation of a COM.¹ The American Osteopathic Association Commission on Osteopathic College Accreditation is doing an admirable of job balancing this equation.

Another important difference is that of public vs. private status. While the majority of our COMs are still privately constituted, the development of publicly affiliated COMs has opened a new door to state support of osteopathic research and other resources. This is a major boon to the profession. While the funding for public COMs is much more robust than for private COMs, the vagaries of state budgets and legislative priorities provide a variable pressure not previously associated with osteopathic medical education.

Different but the Same

I view our COMs from different perspectives: As the AOA’s immediate past president, I am very proud of our COMs’ work and dedication to promoting the profession. As a fellow dean, I am struck by the variability that leads to a very similar result (i.e., the osteopathic physician). As a faculty member, I note different curricula, delivery methods, and structures with much innovation and still similar outcomes. In talking to the students for their perspectives, I find them fiercely proud of their COMs and their profession.

For all our differences, we have certain basic commonalities. At every COM, I met students and their leaders who are uniformly proud to be a part of the osteopathic medical profession and to carry on the tradition of A.T. Still. For the most part, our students deliberately selected osteopathic medicine because they believe in the concepts on which our profession

Snapshots from the HOUSE OF DELEGATES 2011



Your 2011 Illinois Delegation, joined by AOA outgoing President Karen Nichols, DO (12th from left) and Midwestern University President Kathleen H. Goepfing, Ph.D. (10th from left)



On the House of Delegates Big Screen – IOMS Member and AOA Immediate Past President Karen Nichols, DO swearing in new AOA President Martin S. Levine, DO



IOMS President Gerald McClallen, DO at the front podium welcomes the Delegates from across the country to Illinois, the Home State of the American Osteopathic Association



IOMS Delegation Chair Teresa Hubka, DO with IOMS Vice President Isaac Kirstein, DO



New members of the Illinois Osteopathic family (Jorge, Preya, and Rob) enjoy the informal dinner in a private room at the hip Gilt Bar on Friday evening.



New delegate Michael Maloney and his wife Jeanne enjoyed their return to Chicago, where he used to practice before moving to Rockford.



Seated in the Illinois section were Delegates Rob Schneidewend, DO; Preya Wisner, DO; Student Dr. Maulin Shah; and Tayson DeLengocky, DO



This photo of all those delegates with ties to Midwestern University joined with President Goepfing following presentation of a Presidential Award from Dr. Nichols.

SUMMER 2011 CME



IOMS District 2 Trustee Craig Nelson, DO, presents during the Women's Health Themed Summer Primary Care Update, co-sponsored by the IL Chapter of ACOFP and the IOMS.



The breaks buffet area served double-duty as the Exhibit Hall. Please thank these Exhibitors: Alpha-Health Solutions, Amgen, Illinois Critical Access Hospital Network, Pfizer, and Southern Illinois Healthcare.



Alexis Depre, Physician Relations of the Southern Illinois Hospital system

26 Steps Into the Future – A Year of Presidential COM Visits (Continued from page 13)

was built. In other words, we still “fish from a different stream,” as I remember Christopher T. Meyer, DO, saying years ago. For example, newly minted DO Andrew Nelson comes from an allopathic family background. When he chose to enter the WesternU/COMP family, his relatives saw the quality of the osteopathic medical education and training, and they embraced his decision and our profession.

Another important commonality is the faculties’ dedication and commitment to doing the best possible job teaching our students. Regardless of the teaching method or type of curriculum, these faculty committed to providing the best education.

The “COM culture” is another commonality. The most frequent expression I heard from osteopathic medical students was that they felt a strong sense of family at their respective schools. They also strongly felt the commitment to service. Whether in Harlem or Hattiesburg, Washington or Bradenton, osteopathic medical students are dedicated to learning to provide the best patient care and serving the under-served.

Building Better Opportunities for Graduates

Because of our students’ commitment to osteopathic medicine, they expressed a common concern at every one of my COM visits. They want assurance that they will have access to high-quality graduate medical education, preferably osteopathic and preferably in their specialty and geographic region of choice. As one of the fastest growing health professions in the world, with predictions that the number of DOs will reach 110,000 by 2020,² the challenges of providing adequate osteopathic graduate medical education (OGME) positions are compounded.

The osteopathic medical profession has a moral and ethical obligation to expand OGME – and we are doing so. In my inaugural address as president of the AOA,³ I challenged specialties with 85% OGME

fill rates to increase the number of training positions by 15%. The specialties are responding. From July 2010 to June 2011, we had a net gain of 15 residency programs and 334 positions, bringing our profession-wide total to 8501 positions. The AOA Board of Trustees has also formalized the OGME Development Initiative into a standing bureau to continue providing assistance for facilities seeking to create or expand OGME training programs.

Looking Forward

Midway through my presidential year, I was invited to be the keynote speaker for the Bridging Ceremony at the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM), the celebration of students “bridging” from their second to third year. Seeing second-year osteopathic medical student Miriam Medhkour coming over to give me a hug, I recalled the day she came to the dean’s office having just learned that she had thyroid cancer. As the wife of another MWU/CCOM student and sister-in-law of a MWU/CCOM graduate, she knew she was part of a family who would aid her through this challenging time.

I reflected again on my meeting with Lindsey VanDyke. Although Miriam and Lindsey have different backgrounds and come from different cultures, they are identical under the skin and in their profession. Lindsey’s experience of making her dream come true after surviving cancer three times inspires me every day; the same can be said about Miriam. They demonstrate the same will and determination that has allowed this profession to carry on for 130 years after the articulation of the principles of osteopathic medicine.

To these two remarkable women and to all of our osteopathic students, I have frequently quoted a phrase from Jeffrey S. Grove, DO, the current president of the Florida Osteopathic Medical Association: “This is more your profession than it is

mine.” Many students have looked at me with a puzzled expression after I make that statement. After all, they are students, and I was the AOA president. I tell them, “Look at how long I have to influence the profession. Look how long you have to do the same.” Then they understand.

The most striking realization I came to in this year of travels is this: We are still pioneers. We may have full practice rights in all 50 states, but so many more venues are just now learning what osteopathic medicine brings to the table. The expansion of student rotations into new areas of the world brings our approach to patient care to new populations. Our connection to public schools and faith-based institutions introduces us to new spheres of influence in the United States. The increase in the number of osteopathic physicians makes us a force to be reckoned with in medical education and patient care.

We still face challenges, especially ensuring that we are graduating and training the right type of physicians today to meet tomorrow’s healthcare needs. Yet the most wonderful thing I have learned from these visits to all of our COMs should be a comfort and inspiration to all those who love and practice osteopathic medicine – namely, “We’re in good hands – be proud! The future is bright!”

Dr Nichols was the 2010-2011 president of the American Osteopathic Association. She is the dean of the Midwestern University/Chicago College of Osteopathic Medicine (MWU/CCOM) in Downers Grove, Illinois. Financial Disclosures: None reported. Address correspondence to Karen J. Nichols, DO, 555 31st St, MWU/CCOM, Downers Grove, IL 60515-1235. E-mail: knicho@midwestern.edu

Note from IOMS: Karen Nichols, DO, CS, FACOI has been a member of the Illinois Osteopathic Medical Society since 2002, when she became Dean of the Chicago College of Osteopathic Medicine.

References

- 1 Commission on Osteopathic College Accreditation. Accreditation of Colleges of Osteopathic Medicine: COM Accreditation Standards and Procedures. Chicago, IL: American Osteopathic Association; July 2011. <http://www.osteopathic.org/inside-aoa/accreditation/predoctoral%20accreditation/Documents/COM-standards-of-accreditation-effective-7-1-2011.pdf>. Accessed July 6, 2011.
- 2 2010 Osteopathic Medical Profession Report. Chicago, IL: American Osteopathic Association; 2011. <http://www.osteopathic.org/inside-aoa/about/leadership/Pages/nichols-inaugural-address.aspx>. Accessed July 6, 2011.
- 3 Nichols KJ. Inaugural address. Presented at: Annual Business Meeting of the American Osteopathic Association; July 17, 2010; Chicago, IL. <http://www.osteopathic.org/inside-aoa/about/leadership/Pages/nichols-inaugural-address.aspx>. Accessed July 6, 2011.

2011-12 CALENDAR OF UPCOMING EVENTS

FYI: Additional information about Osteopathic CME programs is also available online at www.osteopathic.org – click on link to “Events”

October 12-16, 2011: ACOI Annual Convention & Scientific Sessions

JW Marriott Hill Country Resort, San Antonio, TX. 37 hours I-A CME. For more information: www.ACOI.org.

October 26, 2011: Illinois Veto Session – State Lobby Day

Springfield, IL, 10am-3pm. No charge, training and background information provided. For details, contact IOMS@IOMS.org.

October 30-November 3, 2011: AOA “OMED” Osteopathic Medical Education Annual Convention

Orlando, FL. For details: www.osteopathic.org.

December 1-4, 2011: IOMS 2011 Winter Scientific Seminar & Annual Meeting

Westin Lombard Yorktown Center. 30 hours of I-A CME anticipated, pending approval by the AOA CCME. For more information, visit www.IOMS.org or IOMS@IOMS.org. Also at this Annual Meeting, these related events:
Dec. 1: Annual Meeting of the IOMS Board of Trustees
Dec. 1: IO-PAC Reception
Dec. 2: Annual General Membership Meeting of IOMS
Dec. 2-3: Silent Auction
Dec. 3: Annual IOMS Past Presidents Council Breakfast
Dec. 3: Annual Meeting of IL Program Directors & DMEs
Dec. 3: Annual Meeting & Luncheon of IL Chapter – ACOFP
Dec. 3: Student Program
Dec. 3: IOMS Presidential Inaugural Gala

December 3, 2011: ACOFP-IL Chapter Annual Meeting & Luncheon

Westin Lombard Yorktown Center. For details or to reserve your seat for lunch, tobik@acofp.org.

January 30, 2012: Nominations Deadline

Deadline for nominations of IOMS Legislator of the Year. For information, see Awards at www.IOMS.org.

Spring Date to be determined: Osteopathic Physicians Day at the State Capitol

Springfield, IL. To request details as they are set, email IOMS@IOMS.org.

March 8, 2012: AOA’s Annual DO Day on the Hill

For more information: contact Leann Fox at (800) 962-9008 or via e-mail at govt-issues@osteopathic.org.

March 16-20, 2012: ACOFP 49th Annual Convention & Scientific Seminars

Gaylord Palms Resort & Convention Center, Kissimmee, FL. For more information, www.ACOFP.org.

March 21-25, 2012: 75th Anniversary Convocation, American Academy of Osteopathy

Galt House Hotel, Louisville, KY. 30 hours I-A AOA CME. For more information: www.academyofosteopathy.org.

Spring Dates to be determined: IOMS Spring CME in the City

AOA Osteopathic Conference Center, Chicago, IL. 12-15 hours I-A anticipated, pending AOA CCME approval.

April 10-14, 2012: ACOEP Spring Seminar

Westin Kierland Resort, Scottsdale, AZ. For

more information: www.acoep.org

April 15-21, 2012: AOA’s National Osteopathic Medicine Week

June 21-24, 2012: Cranial Academy Annual Conference

Marriott Atlanta Buckhead Hotel and Conference Center, Atlanta, Georgia. For more information: info@cranialacademy.org or www.cranialacademy.org

July 17-22, 2012: AOA Board Annual Business Meeting and AOA House of Delegates

Fairmont Hotel, Chicago. For more information: www.osteopathic.org.

September 30-October 3, 2012: ACOS Annual Clinical Assembly

Marriott Magnificent Mile, Chicago, IL. For more information: www.ACOS.org

October 17-21, 2012: ACOI 2012 Annual Convention and Scientific Sessions

Renaissance Orlando Resort at SeaWorld, Orlando, FL. For more information: www.ACOI.org.

IOMS Committee Meetings

Executive Committee: 2nd Monday of the month if no Board meeting that month, 8pm, via teleconference

Education Committee: Last Wednesday of each month, 8pm, via teleconference

Membership Committee: Quarterly in February, May, August, November, 8pm via teleconference and at the call of the Chair.

All other Committees: At the call of the chair, generally via teleconference