



2026 Winter Scientific Seminar Annual Members Meeting

PROGRAM GUIDE

November 12 – 14, 2026

AOA Headquarters: 142 E. Ontario Street, Chicago, IL 60611

Courtyard Marriott: 165 E. Ontario Street, Chicago, IL 60611

Discounted lodging available | [Reserve](#) through October 13, 2026

[Become an IOMS Member](#) | [Register for the Seminar](#)

The Illinois Osteopathic Medical Society (IOMS) is accredited by the American Osteopathic Association to provide osteopathic Continuing Medical Education for physicians. IOMS designates this program for a maximum of 20 AOA Category 1-A credits and will report CME credits to the AOA commensurate with the extent of the physician's participation in this program.

Osteopathic Pledge of Commitment

As members of the osteopathic medical profession, in an effort to instill loyalty and strengthen the profession, we recall the tenets on which this profession is founded: The dynamic interaction of mind, body and spirit; the body's ability to heal itself; the primary role of the musculoskeletal system; and preventive medicine as the key to maintain health. We recognize the work our predecessors have accomplished in building the profession, and we commit ourselves to continuing that work.

I pledge to:

***Provide compassionate, quality care to my patients Partner with them to promote health.
Display integrity and professionalism throughout my career.***

Advance the philosophy, practice and science of osteopathic medicine.

Continue life-long learning.

***Support my profession with loyalty in action, word and deed; and
Live each day as an example of what an osteopathic physician should be.***

IOMS Mission & Vision

Illinois Osteopathic Medical Society Mission Statement

The purpose of the IOMS is to protect, advocate, maintain, and support the philosophy of osteopathic medicine for the benefit of the profession and the patients it serves.

Illinois Osteopathic Medical Society Vision Statement

The Illinois Osteopathic Medical Society (IOMS) is *the* professional association for osteopathic physicians practicing in Illinois. Our members represent various osteopathic medical practice specialties working in a variety of health settings across Illinois.

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SEMINAR PROGRAM OVERVIEW

All Updates to the CME Schedule are on the [IOMS Website](#)

All sessions located at the AOA HQ on Floor 3

2026 IOMS Winter Scientific Seminar Schedule	
AOA HQ: 142 E. Ontario St. Chicago, IL 60611	
Thursday November 12	
12:00 PM	Registration & Lunch Served
1:00 PM	CME Sessions
6:00 PM	Networking
Friday November 13	
7:00 AM	Registration & Breakfast Served
8:00 AM	CME Sessions
11:30 AM	Annual Membership Meeting
12:00 PM	AOA Update & Lunch Served
12:30 PM	CME Sessions
6:00 PM	Welcome Reception
Saturday November 14	
7:00 AM	Registration & Breakfast Served
8:00 AM	CME Sessions
12:00 PM	Research Poster Competition & Lunch Served
6:00 PM	Conference Concludes

ANNUAL MEMBERSHIP MEETING

Friday, November 13, 2026 at 12:00PM at the AOA HQ

All active members of the Illinois Osteopathic Medical Society are invited to attend the annual membership meeting scheduled for Friday, November 13, 2026, at Noon on the third floor of the AOA HQ. Stay apprised of the work IOMS has been doing this year. Receive a strategic update from President, Bryan Sweeney, DO, summary reports from Committee Chairs, and vote to elect the 2027 Board of Trustees. All seminar attendees and prospective members are encouraged to attend in an observational capacity to learn more about the IOMS. Lunch will be served.

[Annual Meeting Agenda Available on the Member Portal](#)

[Join or Renew Your Membership](#)

IOMS PRESIDENT'S WELCOME & IO-PAC RECEPTION

Friday, December 13, 2026, at 7:00PM at the Courtyard Marriott

All seminar participants are encouraged to attend the IOMS President's Welcome and IO-PAC Reception. Timely and relevant updates will be provided regarding IOMS strategic initiatives and IO-PAC advocacy priorities. Cash bar and light fare available during the reception. Following the conclusion of the days' events, head over to one of the hotel's restaurants for dinner on your own.

7:00PM – 7:30PM Cocktails and hors d'oeuvres

7:30PM – 7:45PM IOMS President Remarks

7:45PM – 8:00PM IO-PAC Chair Remarks

8:00PM – 8:45PM Legislative Recognition

7th ANNUAL RESEARCH POSTER COMPETITION

Saturday, November 14, 2026, at 12:00 PM at the AOA HQ

Students, Residents and Fellows are invited to participate in the 7th annual research poster competition. Abstracts eligible for presentations onsite will be juried and selected finalist(s) will present their research to the full seminar audience. All onsite poster participants receive complimentary admission to the seminar on Saturday, November 14 only and are asked to support the IOMS through membership.

12:00PM – 12:15PM	Poster Setup
12:15PM – 1:00PM	Poster Judging
1:00PM – 1:15PM	Rubric Tabulation
1:15PM – 2:00PM	CME Session and Finalist(s) Presentations

STUDENT PROGRAM

Saturday, November 14, 2024, at 9:00AM at the AOA HQ

All osteopathic medical students are encouraged to attend this special segment of the seminar tailored to students' needs. Network with your peers to discuss common experiences in medical school and preparing for residency.

Full conference registration is not required and Saturday registration as an osteopathic medical student is complimentary.

NETWORKING RECEPTION

Saturday, November 14, 2026 at 7:00 PM at the Courtyard Marriott

All participants are encouraged to attend this networking reception as the unofficial 'happy hour' and conclusion of the seminar. Mix and mingle with like-minded physicians, residents and students during this casual reception. Beverages and light fare are available for purchase. Following the conclusion of the days' events, head over to one of the hotel's restaurants for dinner on your own.

THANK YOU SPONSORS

PLATINUM PRESENTING SPONSOR



The Proposed
ILLINOIS COLLEGE
OF OSTEOPATHIC MEDICINE
at The Chicago School

ADDITIONAL SPONSORS



GENERAL CONFERENCE INFORMATION

Seminar Materials

The IOMS continues to take steps to reduce the environmental impact of this annual seminar by going cashless, paperless and reducing waste production where reasonably feasible. This electronic program guide provides key seminar details that are updated weekly, and the most current details are available on the website.

Registration and Attendance Attestation

In person, daily attendance recording is required to receive attendance attestation form. The seminar registration table will be on the third floor of the AOA HQ. Official hours are:

- Thursday, November 12 from 12:00 to 5:30 pm
- Friday, November 13 from 7:00 am to 6:00 pm
- Saturday, November 14 from 7:00 am to 5:30 pm

Seminar and Presenter Evaluations

Evaluation forms must be completed and submitted, and attendance verified against daily attendance records before CME credits may be granted. At the conclusion of the seminar, participants will receive an email containing the link to the seminar and presenter evaluation forms. Completed forms must be received no later than December 15, 2026, to receive timely credit reporting by the IOMS to the AOA for the 2025-2027 CME cycle.

Grievance Policy

The Illinois Osteopathic Medical Society (IOMS) requires all grievances regarding IOMS-sponsored continuing medical education (CME) be submitted in writing. The submission should specify the name and date of CME program, the nature of the grievance and any pertinent supporting documentation. All grievances should be mailed to the IOMS Office at 4044 N. Lincoln Ave, #362, Chicago, IL 60618. Initial review will be conducted by the Executive Director and Education Committee Chair within 30 days of the receipt of the grievance. Communication of proceeding and resolution, if found, will be conducted by the IOMS via email with a copy mailed to the participant's preferred mailing address. If the participant does not consider the response as satisfactory, they may then notify the Bureau of Osteopathic Education of the American Osteopathic Association at 142 E. Ontario St., Chicago, IL 60611.

Disclaimer

All continuing medical education (CME) courses are made available by the Illinois Osteopathic Medical Society (IOMS). The material presented in CME courses is for educational purposes only. This material is not intended to represent the best or only methods or procedures appropriate for the medical situation discussed; rather, the material is intended to present an approach, view, statement, or opinion of the presenter(s), which may be helpful, or of interest, to all attendees, including clinical practitioners. The content of any CME presentation is the personal view, statement, or opinion of the presenter and such content

is intended for the attending audience as a whole and not to the specific circumstance of any individual attending the CME seminar. Statements of fact and opinion expressed in any IOMS CME course are those of the individual presenters and, unless expressly stated, are not the views, statements, or opinions of the CME Sponsor. IOMS does not endorse or approve, and does not assume any responsibility for, the content, accuracy, or completeness of the information presented in any CME course. The CME seminar is not intended, nor should it be construed in any way, to replace the independent professional judgment and study of the specific facts and circumstances a participant may be experiencing. The information presented in any CME course is not intended to be, and should not be received as, medical advice or a substitute for medical advice, and participants are advised to seek an independent, competent medical opinion as to any specific set of circumstances the participant seeks to address.

All attendees participate in this CME seminar with the full knowledge and awareness that the participant waives any claim they may have against the CME Sponsor or individual Presenter for reliance on any information presented in the CME seminar. Furthermore, the participant waives any claim they have against the CME Sponsor or individual Presenter for any injury or any other damage whatsoever that may result in any way from their participation in the seminar. All the presentations of the seminar are intended for limited publication only, and all property rights in the material presented, including common-law copyright, are expressly reserved to the presenter or the sponsor. No statement or presentation made at the CME Seminar is to be construed or in any way regarded as dedicated to, or intended for, the public domain. Any sound reproduction, transcript, or any other use of the material presented at any CME Seminar is prohibited to the full extent of common-law copyright to, and in, such material.

CME CREDIT INFORMATION

CME Credits Certification

This continuing medical education seminar is designed to provide CME for physicians. Also welcome are non-physician clinicians. Participants must sign a daily attendance log, and complete and sign the Seminar and Presenters Evaluation and Attendance Attestation Forms to be eligible to receive CME credit for session(s) attended and be eligible for credit reporting by the IOMS to the AOA Continuing Medical Education department.

The Illinois Osteopathic Medical Society is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. IOMS designates this seminar for a maximum of 20 AOA Category 1-A credits. IOMS will report CME credits commensurate with the extent of the physician's participation in this activity to the AOA only.

NOTE: CME certificates cannot be processed on-site. Due to the verification process, certificates will be issued to the participant via the email address on file within 90 days of receipt of completed forms. The participant deadline to submit completed Seminar and Presenters Evaluation and Attendance Attestation Forms is December 15, 2026, to ioms@ioms.org or the IOMS Office mailing address. Any attendance attestation and/or evaluation forms submitted after this date will require a \$75 processing fee for credits to be granted and may not meet the AOA submission deadline for the 2025-2027 CME cycle.

PRESENTERS DISCLOSURE STATEMENTS

It is the policy of the Illinois Osteopathic Medical Society to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational programming. All presenters participating in a sponsored program are expected to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the continuing medical education program, including significant financial interest or other relationship: (1) with manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (2) with any commercial supporters of the program. (Significant financial interest or other relationship may include such things as grants or research support, employment, contractor/consultant, major stockholder, member of presenter's bureau, etc.)

The intent of this disclosure is not to prevent a presenter with a significant financial or other relationship from making a presentation, but rather to provide the audience with information on which they can make their own judgments. It remains for the audience to determine whether the presenter's interests or relationships may influence the presentation. In addition, presenters must make a meaningful disclosure to the audience of their discussion of unlabeled or unapproved drugs or devices.

Presenters were asked to declare any financial interest/arrangement or affiliation that may be perceived as a conflict of interest in the context of their presentations. **No presenters had any conflicts.** Note that all presenters' disclosures will be announced by moderators in presenter introductions.

I. **All seminar presenters reported no relationship(s) and no anticipated unlabeled/unapproved use of drugs or products.**

II. **The following presenters have indicated that they may have a relationship that could be perceived as a potential conflict of interest. NOTE that all conflicts have been resolved per our review process.**

None.

COMMERCIAL SUPPORT DISCLOSURE

IOMS Continuing Medical Education planning ensures balance, independence, objectivity and scientific rigor in educational programs. Individual activities are developed independently of educational grant support. In accordance with the standards of the AOA Bureau on Education, any commercial supporters of this meeting have had no influence over topics or presenters. **No commercial support was involved in this CME Program.**

ACKNOWLEDGEMENTS

Please join us in recognizing the IOMS Board of Trustees for their commitment and support in all matters of the Society.

Board of Trustees

President – Bryan Sweeney, DO*

President-elect – Curtis Johnston, DO

Treasurer – Rupesh Patel, DO

Immediate Past President – Steven Morton, DO

Trustee District 1 – Angelique Mizera, DO*

Trustee District 2 – Seeking a Candidate

Trustee District 3 – Amanda Krus-Johnston, DO*

Trustee District 4 – Seeking a Candidate

Trustee District 5 – Seeking a Candidate

Trustee-at-large - Hilal Arnouk, MD, PhD*

Resident Trustee– Riddhi Shah, DO*

Student trustee – Naomi Rajesh, OMS II, MWU Chicago College of Osteopathic Medicine*

Ex-Officio – Gina Fournie, Executive Director and Board Secretary

*Seminar Planning Committee Member

Leadership Development Opportunities

If you, or someone in your network, are interested in becoming more involved with the IOMS, there are leadership opportunities available for Committee and Board service. Please email Bryan Sweeney, DO, IOMS President at president@ioms.org for full details.

Please join us in thanking our Presenters who waived their honoraria in support of the work of IOMS. Thank you!

CONTINUE LEARNING WITH ON-DEMAND CME



THE **CME**CENTER
EDUCATION MADE EASY.

The Illinois Osteopathic Medical Society (IOMS) partners with the Association of State Executive Directors and their CME Center platform to deliver virtual seminars, live events, and on-demand CME courses. All courses are accredited by the sponsoring state osteopathic association. All sponsors are accredited by the American Osteopathic Association (AOA), and some are accredited to provide AMA PRA Category 1 Credit™, ensuring The CME Center offers opportunities for all physicians regardless of board certification. Visit [the CME Center website](#) to learn more.