

2024 Winter Scientific Seminar

Thursday, December 12 through Sunday, December 15, 2024
Westin Chicago Hotel – 70 Yorktown Center, Lombard, IL 60148
All Sessions Located in the Lilac Ballroom, Floor 1



CME SCHEDULE

Current as of November 25, 2024

Thursday, December 12, 2024

Credit	Title	Presenter	Specialty
12:50 PM	Moderator Welcome Remarks - Amanda Krus-Johnston, DO, IOMS Trustee		
1:00 PM	1	Improved Patient Care through Lawsuit Protection and Prevention	Larry Oxenham, JD Business of Medicine
2:00 PM	1	Updates in PCOS and Insulin Resistance	Megan Cox-Pedota, DO OB/GYN
3:00 PM	1	Caring for a Medically Underserved Population: People with Down Syndrome and Intellectual/Developmental Disabilities.	Brian Chicoine, MD Family Medicine
3:00 PM	1	Sleep is #1: Sleep in Primary Care	Tyler Saunders, DO Family Medicine
4:00 PM	1	Issues Not to Send to the Emergency Room	Rodney Fullmer, DO Emergency Medicine
5:00 PM	1	OMT in the Emergency Room	Rodney Fullmer, DO Emergency Medicine
6:00 PM	1	COVID-19 & Autoimmune Disease	J. Thomas Berry, DO Rheumatology
7:00 PM	CME Sessions Conclude		

Friday, December 13, 2024

Credit	Title	Presenter	Specialty
6:50 AM	Moderator Welcome Remarks - Curtis Johnston, DO, IOMS Trustee		
7:00 AM	1	AI The New Landscape	Kayur Patel, MD Emergency Medicine
8:00 AM	1	Diastolic Heart Failure	Charu Gupta, DO Cardiology
9:00 AM	1	Osteopathic Considerations of Headaches in Pregnancy	Natalie Hyppolite, DO Sports Medicine
10:00 AM	1	Cardiovascular Disease in Women	Charu Gupta, DO Cardiology
11:00 AM	0.5	Primary Care Rapid Renal Review	Harald Lausen, DO Family Medicine
11:30 AM	AOA State of the Profession Update - Dr. Teresa Hubka, AOA Board President		
12:00 PM	Working Lunch - Annual Membership Meeting - Laura Rosch, IOMS Board President		
12:50 PM	Moderator Welcome Remarks - Bryan Sweeney, DO, IOMS Trustee and Seminar Co-Chair		
1:00 PM	0.5	Billing and Coding	Harald Lausen, DO Family Medicine
1:30 PM	1	Sleep is #1 in Primary Care	Tyler Saunders, DO Family Medicine
2:30 PM	1	PTSD in the Armed Forces: 2024 Update	Robert Kohn, DO Neurology
3:30 PM	1	Recognizing Dementia	Benjamin Oesterling, DO Family Medicine
4:30 PM	1	OMT Workshop: Update on the Value of the Assessment and Treatment of Chapman's Points	Kate Worden, DO Angelique Mizera, DO OMM
6:00 PM	CME Sessions Conclude		

Saturday, December 14, 2024

	Credit	Title	Presenter	Specialty
6:50 AM		Moderator Welcome Remarks - Angelique Mizera, DO, IOMS Trustee		
7:00 AM	1	Cervical Cancer Screenings and HPV Testing	Jennifer Shuey, DO	OB/GYN
8:00 AM	1	Musculoskeletal Diagnosis That are Misunderstood in Medicine	Delmas Bolin, PhD	Research
9:00 AM	1	Navigating Neck Pain: A Neurosurgeon's Guide to the Diagnosis and Management of CSR/CSM	M. Kamran Kahn, DO	Neurology
10:00 AM	1	Prolotherapy for the Treatment of Chronic Pain	Brian Ralston, MD	PMR
11:00 AM	1	Introduction of FPMSS	Shane Patterson, DO	PMR
12:00 PM	1	Safe Opioid Prescribing	Camille Dunkley, DO	Family Medicine
12:50 PM		Moderator Welcome Remarks - Steven Morton, DO, IOMS Trustee and Seminar Co-Chair		
1:00 PM	1	Sports Injury Prevention in the Student Athlete	Shaheen Jadidi, DO	Sports Medicine
2:00 PM	1	OMT Workshop: Counterstrain Treatment in Knee Injury	Kate Worden, DO Angelique Mizera, DO	OMM
3:00 PM	0.5	Emerging Trends in Medical Education and Scholarship	Hilal Arnouk, PhD	Academic Research
4:00 PM	1	The Science of In Situ Simulations Applied to the Osteopathic Physician Office	James Colquitt, PhD	Business of Medicine
5:00 PM		CME Sessions Conclude		

Sunday, December 15, 2024

	CME	Title	Presenter	Specialty
6:50 AM		Moderator Welcome Remarks - Laura Rosch, IOMS Trustee		
7:00 AM	1	Top 10 Things All Physicians Should Know About Nutrition	Laura Rosch, DO	Internal Medicine
8:00 AM	1	Physician Office Operations	John Dunkas	Business of Medicine
9:00 AM	1	OMT Workshop: Physician Self Care Techniques	Kate Worden, DO Angelique Mizera, DO	OMM
10:00 AM	1	Hypnotherapy	Funda Khan	Wellness
11:00 AM	1	Space Design for Health and Wellness	Noel Braun-Ethridge	Business of Medicine
12:00 PM	1	Implicit Bias	Amanda Krus-Johnston, DO	Family Medicine
1:00 PM		Seminar Concludes		

Sessions in bold designate IL-required CME topics for licensure.